

# Free 30 Minute Consultation

at Bodymind Repatterning



It can be a big investment to jump in to a new therapy without a solid sense of what this work is and whether it feels like a good fit for you. I would be delighted to speak with you to let you know more about this work, the process and how it might be useful for you in your specific situation. Get your questions answered and see how it feels to you!

#### **Terms and Conditions**

This is an introductory conversation and not an actual therapeutic session.

Exp: March 31, 2022